MENNO PLACE

Dietary Aide - Modified Duties

These duties have been separated into *Light, Moderate, and Full Duties* to assist in developing appropriate recovery at work progression as needed. Please indicate which activities are appropriate to engage in at this time and note any progression of duties and when they can be implemented.

Light

Lifting 20 lbs occasionally and 10 lbs frequently

- Sanitizing surfaces
- Preparing and portioning sandwiches & snacks
- Checks dietary and nourishment supplies at nursing stations and ward kitchenettes with anything under 10 lbs
- Updates dietary requisitions by transferring diet changes
- Answer telephone and relay messages
- Maintains cleanliness of worktables and equipment such as blenders
- Plating meals for dining room
- Setting dining room tables
- Pushing carts (Ex. salad, dessert etc.)
- Lifting & lowering large juice containers (under 10 lbs)

Moderate

Lifting 50 lbs of force occasionally and 20 lbs of force frequently.

- Regular dishwashing routine under 20 lbs, clean & dirty.
- Scrapes and prepares pots and pans for washing
- Washes, sorts and returns items to storage areas
- Spot wash walls and splash areas
- Lifting large trays of food & stocking groceries (upto 20 lbs)
- Moving food carts multiple times throughout the day
- Lifting trays from the fridge
- Lifting plates in and out of carts
- Garbage removal under 20 lbs
- Pushing carts

Full

- Stocking groceries on shelves
- Garbage removal
- Pushing hot food cart
- All regular duties

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